



## Early Intervention Workshops

**January 2023- March 2023**

Where	What	Why	Who
These sessions are held virtually via ZOOM The code will be sent before each delivery to those who have booked a place	Staff from Autism Services will host this group and plan a range of topics to support parents and carers.	To support parents and carers while their child/young person is undergoing ASD/ADHD Assessment	This zoom group is open to Parents/Carers of children who are known to Autism Services within the Southern Health Trust and undergoing ASD and ADHD Assessment
Dates and Times			
January	10 <sup>th</sup> at 10.00am	Communication	
January	19 <sup>th</sup> at 10.00am	Understanding Behaviour for those under 12	
January	31 <sup>st</sup> at 10.00am	Sleep	
February	14 <sup>th</sup> at 2.00pm	Toileting	
February	23 <sup>rd</sup> at 10.00am	Emotional Regulation	
February	28 <sup>th</sup> at 2.00pm	Play	
March	9 <sup>th</sup> at 10.00am	Eating and Mealtime Behaviours	
March	23 <sup>rd</sup> at 10.00am	Sensory awareness	
March	28 <sup>th</sup> at 2.00pm	Understanding Behaviour for those over 12	
March	30 <sup>th</sup> at 10.00am	Life Skills	

**To book a place on any of the above sessions please email your child's name, DOB, which session (s) you would like to attend to**  
**[autism.services@southerntrust.hscni.net](mailto:autism.services@southerntrust.hscni.net) for Autism and**  
**[CAMHS.cedarwood@southerntrust.hscni.net](mailto:CAMHS.cedarwood@southerntrust.hscni.net) for ADHD**