

Sperrinview Special School

Guidelines for Intimate Care Procedures

Confident, assertive children who feel that their body belongs to them are less vulnerable to sexual abuse. As well as basics like privacy the approach you take to a child's intimate care can convey lots of messages to them about what their body is "worth".

Your attitude to the pupil's intimate care is important. Keeping in mind the pupil's age, routine care should be enjoyable, relaxed and fun.

- Treat every pupil with dignity and respect at all times.
- Always ensure privacy appropriate to the pupil's age and situation.
- Involve the pupil as far as possible in their own intimate care.
- Always consult the pupil about the manner of their care.
- Identified staff must be fully aware of the details of each pupil's intimate care needs.
- Certain procedures must only be carried out by identified, trained staff eg administration of rectal diazepam.
- If a pupil becomes or appears distressed report it immediately.

Children with disabilities can be very vulnerable. All staff involved with intimate care need to be sensitive to the pupil's needs and also aware that some care tasks or treatments could be open to possible misinterpretation. The pupil's right to say "NO" must be respected. Everyone is safer if expectations are clear and approaches are consistent as far as possible. Staff should, where possible, provide intimate care in pairs.

Signed: _____ Date: _____

**Sperrinview Special School
Intimate Care Procedures**

Name:

Class:

Identified Staff:

Date:

Toileting	
Feeding	
Teeth Cleaning	
Washing hands	
Washing Face	
Showering	
Dressing	
Undressing	
Menstruation	
Admin of Medication	
Procedures for Epilepsy	